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The Quarterdeck (newsletter)

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Naval Postgraduate School, Monterey Callifornia

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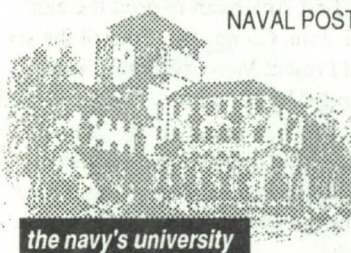
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# THE QUARTERDECK

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Vol. 1 Issue 18

Apr. 30, 1992



Monterey residents enjoy a past International Day at the Root Hall quadrangle.

## INTERNATIONAL DAY

### 'BRINGING THE WORLD TOGETHER'

Twenty-five countries open up their cultures to Monterey Peninsula residents Saturday, from noon to 4 p.m., at the Naval Postgraduate School's International Day.

"Bringing the World Together" is the day's theme as arts, crafts, costumes,

entertainment and food samples indigenous to each country fill the Root Hall quadrangle in the center of the school's academic area.

Admission is free. Tickets for food samples can be purchased the day of the event for 50 cents each or 12 for \$5.

For more information, call Cynthia Graham at 646-2186.

## SOQ NAMED

### ELECTRONICS WARFARE TECH IS TOPS

An electronics warfare technician has been named the Naval Postgraduate School's Sailor of the Quarter for the second quarter of 1992.

Petty Officer 1st Class Terry H. Thomas is assigned as the leading petty officer for the radar/EW lab in the Academic Division.

Thomas has been in the Navy seven years and hails from Spokane, Wash.

During the quarter, Thomas' most notable accomplishment was his responsibility for the renovation of an AN/SLQ-32 countermeasure console which provided students hands-on



Petty Officer 1st Class Terry H. Thomas  
Sailor of the Quarter

training with equipment. He also distinguished himself by his astute professionalism and willingness to perform above and beyond what is normally expected.

## HOLOCAUST REMEMBRANCE

The Holocaust was remembered yesterday during Quarters at the Naval Postgraduate School.

Lt. William Brown, NPS Protestant chaplain, recalled the historical background.

On Sep. 1, 1939, the date marking the outbreak of World War II, the German army launched an assault on the Polish Republic. With Poland subdued, Hitler's forces moved on. Within three months, between April and June 1940, Denmark, Norway, the Netherlands, Belgium, Luxembourg and France fell under Nazi domination. On June 22, 1941, the Nazis were within 20 miles of Moscow. In two years Germany had invaded virtually the whole of Western and Eastern Europe.

Physically and spiritually, Jews were to be extinguished from the memory of humanity. Temporarily, the Nazis found use for some. They experimented on Jews "for science." How much pain does it take to bring on insanity? How much pain does it take to kill? They tortured Jews for amusement. Will it hurt more to wound a Jew - or to force him to watch his wife die or his family suffer? Their humanity was of no worth. The Nazi plan - the Final Solution - put into action a death-machine that systematically took the lives of six million Jewish people, including more than one million children.

The nationwide days of remembrance of the victims of the Holocaust is from April 26 to May 3. This year's theme is: Fifty Years Ago, in the Depths of Darkness.

## RECYCLING CONTAINERS

Recycling containers are in the following locations; Bullard Hall, Root Hall, Ingersol Hall, Spanagel Hall, Gym, Student Study Center, Student Mail Center, Herrmann Hall, PSD, NEX and the swimming pool. A phone number is on each container to call when it is full.



## REFLECTIONS OF A NUGGET NAVAL ASTRONAUT

(Ed. Note. This is the first part in a continuing article, by astronaut Lt. Cmdr. Daniel W. Bursch, a graduate of NPS, on the space program from Project Gemini to the space shuttle program.)

by Lt. Cmdr. Daniel W. Bursch

Of the many things I've learned since reporting to NASA, one of the most surprising has been about the overwhelming USN/USMC participation in manned spaceflight, participation which originated with the birth of the U.S. Space

Program. I always knew that the Naval Service was heavily involved in manned space flight, but certainly not to this great extent:

- Out of 76 manned missions to date (through STS-42):
- 70 had one or more USN/USMC astronauts (92%)
- 47 were commanded by USN/USMC astronauts (62%).

As a member of the Navy in the Astronaut Corps, I was continuing an established Naval tradition in space.

The Naval tradition in space started early, with four out of the first seven astronauts having come from the Navy and Marine Corps. One of those Naval Astronauts became the first American in space (Cmdr. Alan Shepard) and the other

was the first American to orbit the earth (Lt. Col. John Glenn, Jr.) Four of the six manned Project Mercury flights were commanded by Naval Astronauts.

Project Gemini included 10 manned missions. Five of these missions were commanded by Naval Astronauts. Other Naval milestones during Project Gemini included:

- First orbital path change of a manned spacecraft (Gemini III, Cmdr. John Young)
- First rendezvous between two manned spacecraft (Gemini IV-A, Capt. Wally Schirra, Jr.)
- First tethered operations with an Agena Target Vehicle (Gemini XI, all Navy crew of Cmdr. Charles Conrad, Jr. and Lt. Cmdr. Richard Gordon, Jr.)

## BLOOD DRIVE HELPING TO SAVE LIVES

The Naval Postgraduate School will be sponsoring an Armed Services Blood Drive Thu., May 7 in the La Novia Room from 9 a.m. to 2 p.m.

The estimated time for giving blood is 40 minutes.

Blood donations will be provided to military hospitals of the tri-services in Northern California.

Military personnel, dependents, DOD civilians and any other NPS personnel are asked to donate.

## SALVATION ARMY 'SHARING IS CARING'

The Salvation Army has a toll free number for people that want to donate unwanted or unneeded items.

For pick-up of surplus items, call 800-336-4900. In most cases, a Salvation Army truck will be by to pick up the items.

## ASTRONAUT CANDIDATES FOUR NPS GRADS PICKED BY NASA

The recent NASA announcement of the selection of 19 new astronaut candidates for the Space Shuttle program includes four Naval officers who are Naval Postgraduate School graduates.

The 1992 group consists of four pilot astronaut candidates and 15 mission specialist astronaut candidates.

NPS grads among the candidates are:

- Lt. Cmdr. Brent W. Jett Jr., (pilot), who earned his M.S. in aeronautical engineering in 1989.
- Lt. Cmdr. Michael E. Lopez-Alegria, (mission specialist), who earned his M.S. in aeronautical engineering in 1988.
- Lt. Cmdr. Kent V. Rominger, (pilot), who earned his M.S. in aeronautical engineering in 1987.
- Cmdr. Winston E. Scott, (mission specialist), who earned his M.S. in aeronautical engineering in 1980.

The candidates were chosen from

2,054 qualified applicants.

Since the beginning of the Space Shuttle program, 92 percent of all flights have had Naval aviators on board.

Selected 1992 candidates will report to the Johnson Space Center in Houston in August to begin a year of training and evaluation, after which they will receive technical assignments leading to selection for shuttle flight crews.

## FAMILY SERVICE CENTER VOLUNTEERS NEEDED

The Family Service Center is looking for volunteers to help out at least four hours per week.

Volunteers are needed in areas like retired affairs office support, general clerical assistance, assembling welcome aboard packages and providing assistance to customers using the resource room.

If interested, call Tom Mullett at 646-3060 for more further details.

The *Quarterdeck* is published weekly by the Public Affairs Office in accordance with NAVSOP-35. Views and opinions expressed are not necessarily those of the Department of the Navy. Deadline for all submissions, including classified ads and items for the campus calendar is noon Thursday. The *Quarterdeck* phone number is 646-2113.



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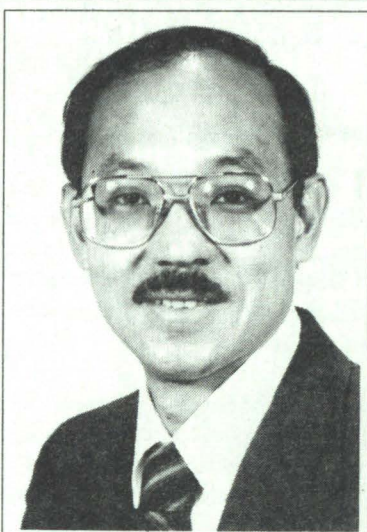
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## Navy Exchange News

The Navy Exchange will accept all types of manufacturer's coupons on products carried in stock.

Last year alone NEX customers around the world redeemed more than 6 million coupons, and saved over \$10.5 million for an average savings of \$1.167 per coupon.





Cdr. Rodney Matsushima

## 21-YEAR NAVY VETERAN RETIRES TODAY

Cmdr. Rodney Matsushima, an NPS military instructor in the admin sciences department, will retire today in a ceremony in the Superintendent's Conference Room.

The Hawaiian native graduated from Purdue University in 1971 and earned his bachelor's degree in biology. He was commissioned on Sep. 10, 1971. Matsushima earned his master's in management from NPS in 1980.

Matsushima is married to the former Karen Battleday and has two children, Tara and Steven. The Matsushimas will move to McLean, Va. after the retirement.

## CALENDAR

### May 7

The NPS Computer Club will hold its monthly meeting at 7 p.m. in Ingersoll-122.

A demonstration of SIMPC, the communication program recommended for talking to the NPS main frame, will be presented for both DOS and Mac users.

### May 1 - 3

The Wildflowers Festival and Triathlons will be held at Lake San Antonio. It is a weekend festival combining wildflower exhibits with entertainment, an arts and crafts fair, houseboat tours and two world-class triathlons. Call 755-4899 for more details.

### May 8 - 10

The Camerata Singers of Monterey County and the Chamber Orchestra will present a concert.

The concert will be at 8 p.m. Fri., May 8 at St. Paul's Episcopal Church in Salinas, 8 p.m. Sat., May 9 at the Carmel Mission Basilica and again on Sun. May 10 at 3 p.m. at the Mission San Antonio in Jolon.

Tickets are \$12 for adults and \$6 for students, 18 and under. They may be purchased at Gadsby's Music Co. in Salinas, Do-Re-Mi Music, Inc. in Carmel or the Theater Alliance Box Office in Monterey.

### May 13 - 17

The Salinas Valley Fair will take place in King City. This will feature agricultural and livestock exhibits, crafts, entertainment, food booths and carnival rides. Call 385-3243 for more information.

### May 16 & 17

The Artists' Studio Tour will be held in Monterey County. It is a self-guided tour through local artists' studios in the county. Participants can interact with emerging and well-established artists in their working environments. Call 625-4175 to get the details.

## SAFETY

BY MICHELE JAY

### PHYSICAL FITNESS NOT WORTH DYING FOR

"No pain, no gain" "No guts, no glory."

These adages have been around for years, however if you take these statements too literally, you can jeopardize your health or your life.

Since 1987, 31 sailors have died from overexertion while participating in physical fitness programs or sports. Twelve died while off duty and seven during their physical readiness test. Six of the 19 who died while off duty were either playing basketball or had just finished. The victims ages ranged from 19 to 52 and ranks ranged from seaman to admiral.

OPNAV 6110.1D requires sailors to achieve and maintain certain standards of physical readiness. Because some people have trouble meeting body fat or physical readiness standards, they take

shortcuts in their conditioning programs. This instruction does not say you have to be fit in a day, however it does give guidance on getting fit.

Before starting an exercise program, a person should know:

- \* How to monitor your heart rate.
- \* How to warm up and cool down.
- \* How to select the proper shoes and clothing.
- \* How to determine the level of intensity of exercise.
- \* How to recognize the warning signs of overexertion.

For more information on staying in shape, refer to OPNAV 6110.1D or stop by the Safety Office in Herrmann Hall-040.

## OSSC NEWS

BY MONICA MAURASSE

### FUN, FOOD & FRIENDS INTERNATIONAL TEA

The International Tea will be held Fri., May 15 from 3 - 5 p.m. at quarters 'A', the home of Adm. and Mrs. West.

This event is held to honor spouses of international students at NPS.

All international sponsors, plus spouses of international and American staff and students are invited. The tea will be held outdoors in the West's enclosed garden.

Plenty of delicious food and beverages will be available, so come prepared to eat, meet new friends and have lots of fun.

For further information, contact Alexandra Lohr at 373-6756.

Since 1987, 31 sailors have died

from overexertion while

participating in physical

fitness programs or sports





USA World Cup soccer player Eric Wynalda takes time to talk to members of La Mesa's Junior Soccer Association at Stanford Stadium. Pictured with Wynalda are left to right, Benjamin Streetman, Bill Morrison, Kevin Landers, Andrew Tinsley, Brian Phipps, John Morrison, Dillon Streetman, Jon Kunzman and Jack Hogan.

## SOCCKER ENDS SUMMER CAMP A POSSIBILITY

The La Mesa Junior Soccer Association ended its season with a trip to Stanford Stadium to participate in the opening ceremonies for the exhibition match between the World Cup teams from the

U.S. and China. The most important benefit gained over the season was player improvement.

A summer soccer camp is possible from Mon. 6 July to Fri. 10 July. For more information on that or comments from the past season, leave a note in smc 2148.

## SPORTS/RECREATION

### WEEKEND SOFTBALL CINCO DE MAYO CLOSING IN

The Cinco De Mayo Softball Tournament is on tap for this weekend at the softball field at NPS.

Six teams have entered the double-elimination tournament that starts Saturday at 8 a.m. The action will resume Sunday at 9:10 a.m. with the championship on tap for 3 p.m.

### ARMED FORCES DAY OPEN MARTIAL ARTS TOURNEY

There will be an Armed Forces Day Open Martial Arts Tournament Sat., May 16 at the NPS gym. It is open to all

interested martial artists of any style and level.

Registration will take place from 9 - 10 a.m. the same day. A black belt meeting has been set for 9:30 a.m. Forms will be from 10 a.m. to noon, weapons will run from 12 - 1 p.m. and sparring will finish the day from 1 - 3 p.m.

The cost will be \$25 for one event and \$30 for two events with a \$5 discount for registering before Sat., May 9. Spectators will pay \$1 to get in and children under 6 will get in free.

Trophies will be awarded for 1st through 3rd place in each event.

Applications need to be returned to 383f Bergin Dr., Monterey, Ca. 93940.

For further information contact Dave Dampier at 649-4559, Eric Westreich at 372-1821 or Jerome Bradford at 899-0837.

## CLASSIFIEDS

### FOR SALE

**1990 TOYOTA TERCEL**, auto/ps/pb/am/fm/cass. Black w/silver pinstriping. Very good condition. Owner's manual and maintenance records available. 12,300k. \$4,200 or pick-up payments. Call Kris 647-1854 lv msg.

**CAMERA**, 35mm Pentax w/aperture-preferred automatic exposure. Flash attachment, filters, lens, cleaning supplies and case. \$150. Call Kris 647-1854 lv msg.

**1990 PLYMOUTH GRAND VOYAGER LE**, 24k, 3.3 V-6, extended version, fully loaded, towing pkg, warranty, \$14,995 firm. Call 375-9310.

**MOVING SALE**, LaMesa CGol floor plan wall-to-wall carpets w/padding. LVGRM 23'4"x13' light gray 2 BRMS 12'x10' light & navy blue. Baby items; double stroller, potty chairs, clothes, etc. Call 373-7791.

**ONE-WAY AIRLINE TICKET**, Monterey to D.C., date still negotiable. Best offer. Call Terri at 646-1266.

**HOUSING ITEMS**, white vinyl mini-blinds, 4-35" w, 2-36", \$8 ea. Carpet w/pad, 8-10x11-11 mixed l. brown & 5-11x8-2 beige, \$40 ea. Drapes, off white, 83"l, fits 8'w window, \$50. Call 372-8617 for info.

**TOWNHOUSE**, Laurel, Md., 3bdm, 3 story, walk-out basement to lg yd & bowling brook,

walking distance to new elementary school, library & park, family community, 5 min to Fort Meade, 30 min to D.C. Call eve. at 301-498-1751.

**CARPET**, slate blue, F-unit, exe cond, approx 800 sq ft w/pad, \$400. Call 646-5346.

**CARPETS & PADS**, for La Mesa 3bdm 1bath unit, great condition, pick up prior to May 13. Call 373-4882.

**DINING ROOM SET**, solid oak, 4 chairs w/arms, oval shape, contemporary style, stained, \$500. Call 372-1732.

**UTILITY SHED**, 7'x9' w/base, \$150. Fence- 100' w/3.5' gate, reasonable. Call Chris at 647-8606.

**1985 FORD ESCORT STATION WAGON**, maroon, radio/cassette, \$2,000 OBO. 655-5901.

**SEARS STORM/SCREEN DOOR**, exe cond, \$60. Approx 92ft fence w/1 gate, 3' high, \$90. Mini-blinds, 39" & 47", \$5 & \$8 ea (6 total). 6'x9' area rugs, 2 blue & 2 beige, \$25 ea. 5'x7' area rug, dusty rose, \$20. Call 655-0531.

## SUBMISSIONS

Classified submissions: Because of space constraints classified submissions will run for only one week. You must call ext. 2113 by Tuesday following publication to request a second week. (Two weeks max. all classifieds) The *Quarterdeck* is published each Thursday.

### FOR RENT

**TOWNHOUSE**, 4 bdsm, 2bath, in Makakilo, Hi, near NAS Barbers Point, \$1,300/mo. Call Terri at 646-1266.

**HOUSE**, moving to Norfolk? Country living, new cust 4bdm, 2.5bath, cag, shop, acreage, great schools, quiet, ava Jun 92, \$1,100/mo. Call 1-804-421-7065.

**VIRGINIA BEACH**, Bellamy Manor Estates, 5bdm, living/dining room, backyard, storage shed, privacy fence, much more, 35 minutes from NOB, 15 minutes to NAS Oceana, 20 minutes to Dam Neck, \$1,150/mo, ava June 15. Call 804-495-6441.

### MISCELLANEOUS

**WANTED**, car to drive to Va., D.C. area in July, I do the driving, you buy the gas. Call Terri at 646-1266.

**WANTED**, Scuba BC, size: men's small or ladies medium, must be in good condition. Call 655-2505.

**LOST**, Musical Gold Mickey Mouse watch. Left in playground at Bergin and Spruance in La Mesa. Reward offered. Call 655-4908.

**WANTED**, men who like to sing in the shower. The NPS Men's Chorale is seeking singers. If interested call 646-8668 or stop by the Chapel in Herrmann Hall on Tuesday evenings at 7:30 p.m.

**FOUND**, 1 pocketknife in Ingersol Hall auditorium. Call 649-8783 and describe to claim.